



ALISON SPRAYSON

creative problem solver

MODEL# 09.28.1981

VERSION female | she | her

LANGUAGE english

PRIMARY USES creative problem solving

+ writing

+ design + strategy

+ data collection

BASIC OPERATING INSTRUCTIONS

CONTACT Email with a descriptive subject line. Phone calls are rarely answered in real-time. Voicemails are not listened to quickly or on a regular basis. Texts cause anxiety. Email with clear, to-the-point messages. Bullets are good. Proper grammar is important.

HOURS 7am - 8:30am and 2pm - 11:30pm

CALENDAR A couple days in advance is ideal. Last-minute is possible but not preferable. If we can get away with not meeting...even better.

GROUPS Becomes annoyed quickly in large groups. Tends to listen more rather than talk when working with others. Talks when delivering formed ideas and looking for useful feedback. Works best independently.

SKILLS Broad. Sit back. Let her use them all.

It is ok to email Alison again if she has not responded within 24 hours. She probably forgot about your email or it got misplaced. You are not bothering her if you send another email.

It is ok to challenge Alison's views. She loves a good discussion. Come with details, reason, facts and explanations.

It's ok to ask personal questions. Alison is unlikely to ask many personal questions. If you want to tell her something personal, please do so.

Cursing is fine.

If she is going too fast, it is ok to ask her to slow down.

Alison may seem extroverted but she is not. Even if she seems disconnected, it's always ok to approach. She is a lot softer than she seems on the outside.

Alison does not appreciate it if you spell her name incorrectly. There is only one L in her name. There is no Y. It is not ok to call her *Ali*. One person could maybe still get away with that. You are not that person.

It is not ok to tell her you need something ASAP. Avoid the acronym.

It is not ok to look over Alison's shoulder for long periods of time when she is working.

If things can be accomplished by an email rather than a meeting, don't schedule a meeting.

It's not ok to offer criticism without also offering an alternative solution or pathway.

One-upping. Get over yourself.

Boredom, disrespect, entitlement, using big words when small ones will do or 20 words when 8 makes the point.

OK NOT OK

lively

BOOKS
KIDS
POLITICS
CURRENT EVENTS
BUSINESS IDEAS
TELEVISION
PODCASTS
EDUCATION

dead air

SPORTS
MUSIC
CELEBRITY
FOOD
ANIMALS
REALITY TV

talking points

FAVOURITES

BOOKS

Bird by Bird | Anne Lamott On Writing | Stephen King
Tiny Beautiful Things | Cheryl Strayed House Rules | Rachel Sontag
This is Where I Leave You | Jonathan Tropper Born a Crime | Trevor Noah

SHOWS

Schitt's Creek The Office Succession Last Week Tonight Boston Legal
Parenthood Outlander The Punisher The Daily Show Veep

PREFERENCES

SWEET SOUR • COLD **HOT** • SPRING SUMMER **FALL** WINTER • **PDF** DOC • MOVIES **BOOKS**
TYPE **WRITE** • LAPTOP **DESKTOP** • **WALK** RUN • ONLINE **IN-PERSON** • TALK **LISTEN** • **PENCIL** PEN
TEA COFFEE • PC **MAC** • GUESS **KNOW** • **EMAIL** TEXT • MEMES **GIFS** • **FRUITS** VEGETABLES
BOOK TABLET • **PODCAST** AUDIOBOOK • MOUSE **TRACKPAD** • **CAKE** PIE • SERIF **SANS** SERIF
NETFLIX PRIMEVIDEO CRAVE DISNEY+ • FB IG LI **TW** TT • **INDESIGN** ILLUSTRATOR PHOTOSHOP

DESIGN FLAWS

Alison can come across blunt and critical. She sets her expectations high — for herself and for others. She is short on small talk. This can be off-putting and come across as uncaring. Try not to take things personally. It's not ever meant to be hurtful.

Does not ask for help often.

Oppositional spirit.

Rarely disconnected. Would likely be more productive and creative if this was not so.

Doesn't let things go (when it comes to solving a problem) easily.

Emotionally detached most of the time.

If there isn't a problem to solve or a tight deadline to meet, loss of focus can be a real problem.

ACHIEVE OPTIMUM PERFORMANCE

Avoid micro-management. Provide a rough outline. Let Alison do her thing in her way.

Don't talk to her while she is working. She will ignore you or listen to you and that will distract her and bother her tremendously.

Alison won't claim authority without prior research or experience. When she speaks or offers insight as an authority, listen rather than dismiss. Alison knows where and how her strengths can be best applied. Trust her judgement when it comes to delegating and respecting divisions of work.

Make an effort not to take advantage of Alison's time or skill set. Validation through acknowledgement and a thank you goes a long way.

If inspiration is high, Alison prefers to keep working. She prefers to keep going when things are going well or she is focussed on a problem. When works needs to be done, a quiet space is best, or a set of noise-cancelling headphones. Alison likes her own space.



Alison is a reader, thinker and wonderer. She usually likes to work independently but finds great benefit in sharing work towards the end of a project. Alison's value comes from her intelligence and ability to figure things out. She draws energy from helping others understand concepts and new ideas.

Alison pays attention to the details of a project. Almost a perfectionist, she is thoughtful, methodical and creative. She likes to think of everything before finishing a project, stage or requirement.

Alison does not hold grudges. She values proactivity and resourcefulness. Ask for forgiveness rather than permission, or don't ask for either.

Alison values problem-solving, common sense, versatility and perseverance in others. It's important to learn from mistakes and pay attention when new information is being delivered. Alison speaks with conviction but is open-minded and progressive. If you have another idea or a better way and can offer context and data, don't be afraid to share it. Be prepared to discuss it. She is always prepared to change course.

In social situations, small groups in a casual environment are better than the opposite. If there is a choice between what is going to get everything done and what is going to make everyone feel great, go with the former.



PROFESSIONAL

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THINK WE'RE A GOOD MATCH?